

NeuroTrac™ PelviTone



- * Dual Channel stimulator unit designed for Pelvic Floor Exercise
- * Three custom programmes plus 9 Preset Continence prog.:
 - Pelvic Floor pain relief;
 - Urge,
 - Stress,
 - Mixed,
 - Lack of Sensitivity,
 - Pelvic Floor Work Out



NeuroTrac™ PelviTone - Programmes at glance

Programmes

| | Prog No. | NAME | MODE | DESCRIPTION | TIME |
|-----------------------------|----------|-----------------------------------|-------------------------|--|----------|
| Preset PelviTone Programmes | P01 | Pelvic Floor Pain | Continuous | Pain relief for Vulvodynia or other diagnosed pelvic pain. | 20 min |
| | P02 | Urge Incontinence | Work/Rest | Suitable for Urge Incontinence and Bladder Prolapse. | 20 min |
| | P03 | Stress Incontinence 1 | Work/Rest | Suitable for Stress Incontinence. | 20 min |
| | P04 | Stress Incontinence 2 | Work/Rest | An alternative lower frequency stim. for Stress Incontinence. | 20 min |
| | P05 | Frequency / Urge 1 | Work/Rest | Urge Incontinence with frequent urination during the day. | 20 min |
| | P06 | Frequency / Urge 2 | Continuous | An alternative lower frequency Continuous stimulation for Stress/Urge. Suitable for stimulation of tibialis nerve. | 15 min |
| | P07 | Frequency / Urge 3 | Continuous | An extended more powerful version of Programme 6, to follow up. | 20 min |
| | P08 | Lack of Sensitivity | Work/Rest | Pelvic sensitivity regaining. Even having a good muscle control over the pelvic floor, the lack of sensitivity can occur, for example after childbirth. | 25 min |
| | P09 | Pelvic Floor Work Out | Work/Rest | Well balanced programme for general pelvic work out. Suitable for entering menopause and post-menopause toning. | 45 min |
| | P10 | Building Up Endurance | Work/Rest | For a well shaped pelvic floor to improve the "hold". | 20 min |
| | P11 | Relaxing the Pelvic Muscle | Work/Rest | This programme is to help relax the pelvic muscle. It may be used where the EMG readings are high, in the region of 8 microvolts or more or when the pelvic muscle has been working hard and some fatigue may have resulted. | 20 min |
| Custom | PC1,2,3 | Custom | Work/Rest or Continuous | 50-330 μ S, 2-100 Hz, up to 5 programmable time phases | 1-99 min |

Common pelvic Dysfunctions

Incontinence

Urinary incontinence, involuntary loss of urine from the bladder, is a problem for many people. There are two main types of urinary incontinence; stress incontinence and urge incontinence. Faecal incontinence, is not often discussed, but still a common problem. Electrical stimulation through a vaginal/anal probe is a well-tolerated treatment for urge, stress, mixed and faecal incontinence and has shown positive results in improving bladder and bowel control.

Stress incontinence

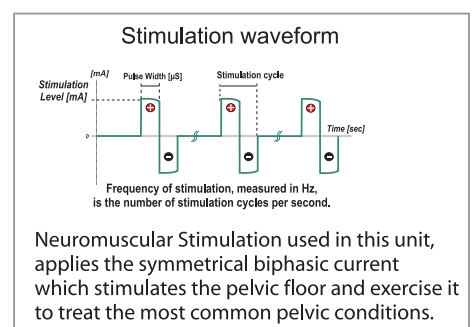
Stress incontinence is urine leakage caused by increased abdominal pressure on the bladder, such as coughing, sneezing, laughing, exercising or lifting something heavy. Stress incontinence is the most common type of incontinence and is primarily affecting women. It usually occurs when the perineal and pelvic floor muscles are weakened, for example by pregnancy, childbirth or menopause.

Urge incontinence (Overactive Bladder)

Urge incontinence means a sudden, strong urge to urinate followed by an immediate bladder contraction, resulting in an involuntary leakage of urine. Both men and women can be affected, particularly the elderly. One reason for this condition can be a disruption in the part of the nervous system that controls the bladder.

Frequency

Frequent urination, more than 8 times a day.



How the unit works

Electrical stimulation provided by PelviTone is used to treat urinary incontinence by sending a mild electric current to nerves in the lower back, tibialis nerve or in most of the cases, to the pelvic muscles using a probe.

You may be able to provide electrical stimulation therapy at home using a unit with a vaginal or anal electrode probe. Timing and duration of therapy varies. For example, your treatment may consist of 12 weeks during which you have 20-minute stimulation sessions twice a day. Please seek advice from your Doctor and Gynaecologist regarding the details of treatment.